

## COLD BEVERAGES

### WATER

San Benedetto	500 ml	11	1 liter	19
Mai Dubai	500 ml	5	1.5 liter	9
Coconut water	330 ml	11	500 ml	16
Aloe vera water	200 ml	11		
Sparkling grapes	750 ml	80		

### WATER INFUSIONS 1L

27

*Detox* - Cucumber, ginger, lemon and mint  
Hydrating and anti-inflammatory

*Metabolism booster* - Apple and cinnamon  
Detoxifying and hormone balancing

*Post workout power* - Watermelon and rosemary  
Replenishes your body with electrolytes

*Anti-inflammatory* - Mango and basil  
Anti-inflammatory and good for eye sight

*Immune booster* - Pineapple, strawberry and orange  
Boosts your immune system

### SMOOTHIES

30

#### *Lean & Green*

Kale, pineapple, apple, coconut milk and honey

#### *Cherry mocha*

Cherries, almond milk, vanilla, raw chocolate, espresso, banana, cocoa powder and almond butter

#### *Pumpkin pie*

Pumpkin puree, cinnamon, nutmeg, banana, almond milk and maple syrup

#### *Popeye power*

Spinach, avocado, probiotic coconut yoghurt and honey

### JUICES

27

#### *Heart beats*

Beetroot, ginger, kale, apple, orange and carrot

#### *Healthy Mary*

Tomato, celery, bell peppers, Holland chilies and lemon

#### *Sweet and sour*

Strawberries, cucumber, mint leaves and lemon

#### *Let's squeeze*

Orange & carrot | Watermelon & ginger | Kale & apple

#### *My juice*

Choose your ingredients and we will prepare it for you

## HOT BEVERAGES

### ORGANIC COFFEE

*(All available in our special decaf roast)*

Espresso	13
Double espresso	16
Macchiato	15
Americano	17
Americano with milk	18
Cappuccino	19
Latte	21
Flat white	24
Iced americano	17
Iced latte	21
Iced cappuccino	19
Extra shot	6
Siphon coffee	32
Cold brew	24
Hot organic chocolate	24
Drink well	27
- Ask for our special hot drink	

### HERBAL INFUSIONS

Fresh mint	16
Fresh ginger & lemon	16
Spearmint	22
Sage & honey	22
Lavender & lemon	27

### AVANTCHA ORGANIC TEAS 18

White peony - Pai mu tan	White tea
Gunpowder - Temple of heaven	Green tea
Winter apple (seasonal)	Green tea
English breakfast	Black tea
Majestic earl grey	Black tea
Lapsang souchong	Black tea
High mountain oolong	
Natural rooibos	Herbal infusion
Ginger breeze	Herbal infusion
Herbal earl grey	Herbal infusion